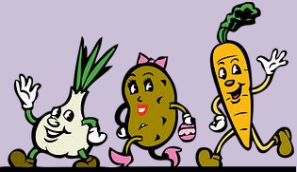




Serenity School Student Menu **Week 6**



Day	Meat Option	Vegetarian Option	Side Dish
Monday	Spaghetti Bolognese (with Beef) Ingredients: Beef, tomato sauce, mixed herbs, white pepper]	Vegetarian Spaghetti Bolognese Ingredients: Tomato sauce, mixed herbs, white pepper	White rice or potatoes (oil, mixed spices, salt & pepper) + Salad
Tuesday 	BBQ Chicken Wrap Ingredients: (Chicken, BBQ sauce, wrap) [G, C, M]	Veggie Wrap Ingredients: BBQ Vegetable Wrap [G, D, C]	Side: Potato wedges + coleslaw [E, D, M]
Wednesday	Beef Lasagna Ingredients: Beef, lasagna sheets, tomato sauce, mixed herbs	Vegetarian Lasagna Ingredients: Lasagna sheets, tomato sauce, mixed vegetables, mixed herbs	Garlic Bread (oil, mixed spices, salt & pepper) + Salad
Thursday	Chicken Pie Ingredients: (Chicken, pastry, cream sauce) [G, D, C]	Veggie Pie Ingredients: (Vegetables, pastry, cream sauce) [G, D, C]	Side: Mashed potato + peas
Friday 	Pepperoni Pizza Ingredients: Pizza base (wheat flour), tomato sauce, pork, pork fat, paprika, salt, garlic, oregano	Mixed Vegetable Pizza Ingredients: Wheat flour, tomato sauce, mixed herbs, bell pepper, courgette, red onion, mozzarella cheese [G, D]	Chips (oil, mixed spices, salt & pepper) + Salad 

Allergens Key:

G = Gluten (wheat, pasta, bread)

D = Dairy (milk, cheese, cream)

E = Egg

S = Soya

C = Celery

M = Mustard

F = Fish