

Formal Upper School	PD curriculum Pathway	Formal Lower School	PD curriculum Pathway	Semi Formal	PD curriculum Pathway	Nurture	PD curriculum Pathway
AUT 1 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>  <b>Living Skills</b>	Healthy Lifestyle- Balanced diet  Peer Pressure and gangs.  Positive relationships  Qualities and skills for a Job.  Respect  Communication skills  Recycling- what happens to our rubbish?	AUT 1 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>  <b>Living Skills</b>	Balanced diet and my food choices.  Peer pressure and being assertive.  Positive relationships  Qualities and skills for a Job.  Respect  How I communicate with others.  Recycling- The importance of our planet.	AUT 1 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>  <b>Living Skills</b>	Eating a well- balanced meal  Making the right choices.  My friends and me  Jobs I like and why.  Respecting others  Communicating my feeling.  Recycling- what happens to plastic when it's thrown away.	AUT 1 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>  <b>Living Skills</b>	Eating my vegetables  I can share.  I am a good friend.  I can tidy up.  I can say please and thank you.  I can say my name.  I can use the correct bin.
AUT 2 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>	Changing and growing body parts, public and private.  Mental health- identifying mental health worries. Anti-bullying and resilience.  Future aspirations  Tolerance and patience.	AUT 2 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>	What to expect during puberty.  Understanding the impact of social media.  How bullying affects us.  The world I live in- jobs people do.	AUT 2 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>	How my body changes as I grow.  Who can I talk to if I am feeling anxious.  Who can I talk to if I am worried about a friend? The jobs I like.  Understanding roles within a group	AUT 2 <b>Physical Development</b>  <b>Leisure and Choices</b>  <b>Community and Environment</b>  <b>Vocational Learning</b>  <b>Functional Skills</b>  <b>Personal Skills</b>	Identifying body parts.  Stranger-danger  Being a good friend.  Build independence.  Being kind.  Sharing and taking turns.

<p><b>Living Skills</b></p>	<p>Building and maintaining friendships. Self-awareness- the things we are good at. Self-care and support: managing feelings, self-harm, loneliness</p>	<p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>Working well with others.</p> <p>What makes me a good friend.</p> <p>Zones of regulation: Identifying feelings.</p>	<p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>What my friends like about me?</p> <p>Matching my feelings to the correct zone.</p>	<p><b>Living Skills</b></p>	<p>Identifying colours. Zones of regulation.</p>
<p>SPR 1 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>The benefits of exercise and being physically fit.</p> <p>Sex and the law.</p> <p>Having a voice and what motivates behaviour.</p> <p>History-I can relate the events of the past with the present.</p> <p>The difference between essential and luxury items.</p> <p>Risky behaviours and its impact.</p> <p>Becoming independent and building resilience.</p>	<p>SPR 1 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>The importance of regular exercise.</p> <p>Online safety.</p> <p>The impact of my behaviour on others. I understand the difference between past and present.</p> <p>What is the difference between needs and wants.</p> <p>Managing our feelings positively.</p> <p>Budgeting and the importance of saving.</p>	<p>SPR 1 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>The sports that I enjoy.</p> <p>Being safe online.</p> <p>Feeling welcome and valued.</p> <p>Using before and after in a sentence.</p> <p>Spending money in shops and online.</p> <p>Understanding and managing my triggers.</p> <p>Why is saving money important?</p>	<p>SPR 1 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>I enjoy playing games with my friends.</p> <p>Keeping your hands to yourself.</p> <p>Making friends in school.</p> <p>Now and next.</p> <p>Money sorting.</p> <p>Road safety- stop, look, and listen.</p> <p>Keeping clean.</p>
<p>SPR 2 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p>	<p>Substance abuse and the dangers surrounding addiction.</p>	<p>SPR 2 <b>Physical Development</b></p>	<p>Drug awareness/Dangerous substances</p>	<p>SPR 2 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p>	<p>Are all drugs bad?</p> <p>How to make healthy choices.</p>	<p>SPR 2 <b>Physical Development</b></p> <p><b>Leisure and Choices</b></p>	<p>The choices I make.</p> <p>Healthy or unhealthy friends.</p>

<p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>Unhealthy coping strategies.</p> <p>Rights and responsibilities in the community.</p> <p>Breaking down gender stereotypes in the workforce.</p> <p>Opportunities and interests.</p> <p>Self-care, support and safety- digital communication.</p> <p>Personal safety- self-harm and the support available.</p>	<p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>Managing peer influence</p> <p>Being part of my community.</p> <p>Unfair working practices.</p> <p>Hobbies, opportunities, and interests.</p> <p>Interacting safely online.</p> <p>Self-harm and it's dangers.</p>	<p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>Knowing my rights.</p> <p>Rights in the workplace.</p> <p>What are my hobbies.</p> <p>Internet safety.</p> <p>Coping strategies- managing stress.</p>	<p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p> <p><b>Living Skills</b></p>	<p>Seasons of the year.</p> <p>Jobs my adults do.</p> <p>The things I like to do.</p> <p>Taking care of ourselves.</p> <p>Who can help me?</p>
<p>SUM 1</p> <p><b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p>	<p>Managing change grief, and bereavement.</p> <p>Understanding different families and learning parenting skills.</p> <p>Living with climate change.</p> <p>First Aid St Johns school scheme.</p> <p>Coping with academic stress.</p> <p>Achieving realistic goals.</p>	<p>SUM 1</p> <p><b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p>	<p>Coping with loss.</p> <p>Healthy relationships.</p> <p>Our changing world.</p> <p>First Aid St Johns school scheme</p> <p>Understanding worry.</p> <p>Hopes and dreams, overcoming disappointment.</p> <p>Celebrating difference.</p>	<p>SUM 1</p> <p><b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p>	<p>When someone dies.</p> <p>Exploring family life.</p> <p>The world around me.</p> <p>Introduction to First Aid.</p> <p>Worries and stress.</p> <p>Overcoming my challenges.</p>	<p>SUM 1</p> <p><b>Physical Development</b></p> <p><b>Leisure and Choices</b></p> <p><b>Community and Environment</b></p> <p><b>Vocational Learning</b></p> <p><b>Functional Skills</b></p> <p><b>Personal Skills</b></p>	<p>Understanding change.</p> <p>My family and me.</p> <p>Planting seeds.</p> <p>Health and wellness.</p> <p>My feelings.</p> <p>Setting goals.</p>

Living Skills	Self-expression and celebrating difference.	Living Skills		Living Skills	It's good to be different.	Living Skills	Happy to be me.
SUM 2 Physical Development	Identifying talents, being special.	SUM 2 Physical Development	Recognising my talents.	SUM 2 Physical Development	The things that I am good at.	SUM 2 Physical Development	What I like to do.
Leisure and Choices	Being a good citizen.	Leisure and Choices	Citizenship.	Leisure and Choices	My responsibilities to others.	Leisure and Choices	Looking after each other.
Community and Environment	Racism, challenges, and cultural differences.	Community and Environment	Racism, challenges, and cultural differences.	Community and Environment	Why racism is bad.	Community and Environment	We are all different.
Vocational Learning	Contraception and unwanted pregnancy.	Vocational Learning	STI's and the risks to our health.	Vocational Learning	Positive relationships.	Vocational Learning	My changing body.
Functional Skills	Preparing for my next steps.	Functional Skills	Choosing my next steps.	Functional Skills	What I want in the future.	Functional Skills	Mt dreams for the future.
Personal Skills	WEX	Personal Skills	Exploring different career paths.	Personal Skills	Exploring career pathways.	Personal Skills	Increasing independence.
Living Skills	Exploring influences and role models.	Living Skills	Positive and negative role models.	Living Skills	Who are my role models.	Living Skills	People I admire.

More able- University visit, Motivational speakers, monumental places,

Breaking the cycle – Motivational speakers, exploring grants and funding opportunities, Apprenticeships,

ADHD/ASD- Behaviour workshops, GAV workshop,

Nurture-

Gifted and talented-

Girl's groups- FGM, RSHE, domestic violence workshops, breaking down stereotypes in the workplace,