

Curriculum Map: KS5



| Subject | learning |
|----------------------|---|
| English | |
| Maths | |
| Travel & Tourism | <p>In this term, we will explore airline cabin crew, understand their roles and responsibilities, and how cabin crew manage safety and security risks. Additionally, we will look at the recruitment method for cabin crew scheduled, chartered and low-cost airlines.</p> |
| Health & Social Care | <p>In this term, we will explore safeguarding in health and social care, specifically, we will explain how to keep individuals safe, value individuals' needs and protect individuals from harm and abuse. Also, learners will look at factors that may contribute to an individual being vulnerable to harm and abuse. Finally, will analyse signs, symptoms, indicators and behaviour that may cause concern relating to self-neglect, physical abuse, emotional abuse, sexual abuse, domestic abuse, financial abuse, institutional abuse and bullying.</p> |
| Sports | <p>During this half term, learners will develop their understanding of the body systems and psychological factors that influence sports performance. They will begin by exploring different fibre types and how these affect performance in different sporting activities, such as endurance events, power-based sports, and speed-focused activities. Learners will then study the structure and function of the cardiovascular and respiratory systems, gaining an understanding of how these systems work together to transport oxygen and nutrients around the body and support physical activity.</p> <p>As the unit progresses, learners will examine the different energy systems and how each one is used during sport and exercise. They will learn how the aerobic and anaerobic energy systems provide energy for movement, and how the intensity and duration of activity determine which system is predominantly used. Learners will apply this knowledge to a range of sporting examples, helping them to explain how the body responds to exercise in real-life contexts. In addition, they will investigate personality and consider how different personality types and traits can impact sports performance, behaviour, motivation, and participation. This will help learners build a broader understanding of both the physical and psychological demands of sport.</p> |
| Growth & Wellbeing | |
| Employability | |